

## Brain Tumors (Medhkour): WS and Study Guide

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Use this guide and worksheet to go through the lecture. Answers can be found in the lecture handout. In general, I recommend focusing on the things Medhkour emphasized in lecture. For example, understand how tumor suppressor genes work (or fail to work), as well as the major ones he mentioned. Know what's more common in children vs. adults. Compare supratentorial and infratentorial tumors. Finally, know the targets of management and therapeutics.

<i>Brain tumor (BT)</i>	
Clinical definition	Cellular definition

Definitions:

### ***Immunological and Chromosomal Changes:***

- Set of epitopes that distinguishes neoplastic from normal cells (antibody-immune response)
- \_\_\_\_\_ w/ aneuploid or polyploidy abnormalities
- Chromosomal segments that may be \_\_\_\_\_, \_\_\_\_\_, or \_\_\_\_\_

### ***Genetics:***

- Alterations in DNA sequence changes the expression of genes that regulate \_\_\_\_\_
- Alterations of \_\_\_\_\_ that encode protein structures

### ***Molecular Genetics & Tumors:***

- Genetic changes underlie \_\_\_\_\_ progression of tumor malignancy
- Genetic \_\_\_\_\_ should correlate with tumor clinical behavior
- ***Future of therapeutic interventions lies in development of mechanisms that reverse or interrupt the cycle of genetic changes***

### ***Oncogenes:***

- Promote tumor growth via \_\_\_\_\_ signals
- One single mutation required to activate oncogene – rare event
- E.g.: Glioblastomas (GBM):
  - Epidermal growth factor receptors (EGFR) are amplified and play important role in tumor behavior

### ***Tumor Suppressor Genes:***

- Restrain growth or promote terminal differentiation of cells
- Sustain an inactivating mutation or deletion of one copy of the gene which leads to removal of the brakes on cell growth and division
- E.g.: *PTEN* tumor suppressor gene
  - Located on chromosome 10
  - Normal tumor suppressing functions:
    - *PTEN* product encodes lipid phosphatase and down-regulation of phosphatidylinositol levels
    - Activates \_\_\_\_\_, pathway responsible for *PTEN*'s tumor suppressive function
  - Inactivation:
    - 25-40% of GBMs
    - High rate of mutation in high grade GBM
    - Correlated with poor outcome
  - Therapeutics
    - Molecular targets directed against *PTEN/Akt* pathway

### ***Classification of Brain Tumors***

<i>Classification of Brain Tumors</i>		
<b>Microscopic histology</b>	<b>Brain tumors</b> – tumors in the brain <b>Metastasis: most common (over half); originated elsewhere</b> List some e.g.:	<b>Gliomas</b> – tumor starts in brain or spine <b>GBM: most common of the gliomas (half)</b> Others besides GBM:

### ***Prevalence, Incidence, and Mortality Rates of Brain Tumors***

<b>Prevalence</b>	
<b>Incidence</b>	
<b>Mortality</b>	

### ***Determinants of Incidence of Specific Tumor Types***

- **Adults:**
  - \_\_\_\_\_ tumors are the most common brain tumor
  - \_\_\_\_\_ and \_\_\_\_\_ are the most common
- **Children:**
  - Brain tumors are most common \_\_\_\_\_ tumor
  - \_\_\_\_\_ and \_\_\_\_\_ are the most common types

### ***Brain Tumor Metastasis***

- Most common metastasis (M and F): \_\_\_\_\_
  - 2<sup>nd</sup> most common in F: \_\_\_\_\_
- Other most common (M and F): melanoma, renal or colon

### ***Therapeutic targeting of oncogenes:***

- Identify molecular changes that drive tumor growth
- Target these altered genes pharmacologically
- Still difficult to suppress because of new mutation and evasion of therapy
- Currently, therapy is targeting genes involved in multiple cancers, e.g. \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

### ***General Management of BTs***

- \_\_\_\_\_
  - Very effective in metastatic tumors
  - Modest response in primary gliomas
  - Prophylactic usage of anto-convulsants is not routine
- \_\_\_\_\_
  - Can be aggressive resection for chemo delivery
- **Radiotherapy**
- \_\_\_\_\_
  - Get past BBB
  - Agents disrupt BBB (Mannitol)
- **Radiosurgery**
- **Repeat surgery**

### ***Other Technological Advances***

- \_\_\_\_\_ (SSEP's) to assess what area to avoid
- Stealth system for stereostatic free-hand guidance system
- Endoscopy
- Intra-operative MRI is expensive, could just improve on ultrasound
- \_\_\_\_\_ prior to surgery to assess function
- \_\_\_\_\_ for diagnosis of tumor type, abscess, necrosis, etc.

### ***General Clinical Aspects of Brain Tumors:***

<b><i>Clinical Aspects</i></b>	
<b>Supratentorial Tumors</b>	<b>Infratentorial Tumors</b>
<b>Cerebral hemispheres, diencephalon</b> <ul style="list-style-type: none"> <li>• ICP</li> <li>• Hydrocephalus</li> <li>• Progressive neurological deficit</li> <li>• Headaches</li> <li>• TIA-like symptoms (hemorrhage or occlusion by tumor)</li> <li>• Endocrine disturbance</li> <li>• CSF leak (pituitary adenomas)</li> </ul>	<b>Brainstem and cerebellum</b> <ul style="list-style-type: none"> <li>• ICP and headache</li> <li>• N/V</li> <li>• Papilledema</li> <li>• Gait disturbance (ataxia)</li> <li>• Vertigo</li> <li>• Diplopia</li> </ul>

<b>Supratentorial Tumors</b>	<b>Infratentorial Tumors</b>
Herniation Brain pain due to innervation of dura by CN V; dural distension creates headaches	No room for movement, much smaller Nausea and vomiting to be taken seriously
E.g. GBM, meningiomas, familial brain tumors (phakomatosis), pituitary tumors (adenomas)	AKA Posterior fossa; e.g. medulloblastoma, (juvenile) pilocytic astrocytoma

<b><i>Supratentorial Tumors</i></b>	
<b>Glioblastoma Multiforme (GBM)</b>	<ul style="list-style-type: none"> <li>Most aggressive brain tumor (most common glioma) <ul style="list-style-type: none"> <li>Presents in the _____ (age where it presents)</li> <li>Survival 6-18 months</li> <li>Affects eloquent area</li> </ul> </li> <li>Classical histological features: <ul style="list-style-type: none"> <li>_____</li> <li>_____ (neovascularization)</li> <li>_____ (especially in center)</li> <li>_____ (abnormal size and shape, pigmentation)</li> </ul> </li> <li>Tumor suppressor genes: _____, _____, _____</li> <li>Treatment: <ul style="list-style-type: none"> <li>Surgery (aggressive resection), chemotherapy, radiation, repeat surgery</li> </ul> </li> </ul>
<b>Meningiomas</b>	<ul style="list-style-type: none"> <li>2<sup>nd</sup> most common _____ primary brain tumor (after astrocytomas)</li> <li>Arises from _____ cells</li> <li>Rarely invades cortex</li> <li>Can be malignant by locations</li> <li>Tumor suppressor: _____</li> </ul>
_____ tumors	Phakomatosis <ul style="list-style-type: none"> <li>Neurofibromatosis 1 (chromosome 17) and 2 (chromosome 22) <i>NF 1 and NF2</i></li> <li>Tuberous sclerosis</li> <li>Von Hippel-Landau</li> </ul>
_____ tumors	Pituitary adenoma <ul style="list-style-type: none"> <li>More common in F, particularly African American</li> </ul>

<b><i>Infratentorial Tumors</i></b>	
<b>Posterior Fossa Tumors</b>	<ul style="list-style-type: none"> <li>Children: common <ul style="list-style-type: none"> <li>Medulloblastomas, astrocytomas, ependymomas</li> </ul> </li> <li>Adults <ul style="list-style-type: none"> <li>Male: _____</li> <li>No seizures</li> </ul> </li> </ul>
_____	<ul style="list-style-type: none"> <li>Malignant</li> <li>Associated with _____: CSF not draining</li> <li>Treatment: <ul style="list-style-type: none"> <li>Do we shunt hydrocephalus? <i>No, we do surgery</i></li> <li>Surgery, chemotherapy, radiation therapy</li> </ul> </li> </ul>
<b>_____ astrocytoma</b>	Juvenile <ul style="list-style-type: none"> <li>Is it curable? <i>Yes</i></li> <li>Treatment: <i>Remove associated nodule</i></li> </ul>